

Living • Daydreams • Chess
Dear Abby • Do-It Man
Dr. Fisher • TV • Comics

Today

Friday, April 27, 1984

America's photographer laureate, Ansel Adams, left behind a rich legacy of pictures, some of the most famous of which are shown on this page. At far right is "Clearing Winter Storm, Yosemite National Park, California, 1944." He first fell in love with the outdoors during a trip to Yosemite at age 13.



Ansel Adams

'Nashville Fever': Cinnamon

By Susanna Cross

■ This is part of the continuing romance "Nashville Fever."

EPISODE 5 of 24

The recording of the songs Sugar had taped with Darcy wasn't as bad as she had feared. It was worse!

"I've got that Nashville fever

And it's hotter 'n Hollywood ..."

The lyrics were clear and the vocalization had a fine blend. The guitar was solid and pure. But somehow the overall combination lacked that sharp degree of synchronization she knew should be there.

"I certainly hope no talent scout gets within hearing range of this gibberish," she groaned to Darcy.

"Don't be so tough on yourself," he urged. "Maybe the mike was lagging the tape recorder. That happens sometimes."

"Even if the fault's mechanical and no way related to my composition, it's discouraging to think that a week, maybe two, will go by before I can retape 'Nashville Fever.'"

"What's a couple of weeks? A lot of songwriters work for years before they reach the point where you are right now."

Darcy linked one arm around her waist and squeezed her sympathetically. "I'll tell you what. I have to go down to Memphis this afternoon. I'll be back tomorrow. Then I'm taking you out to dinner.



I guarantee I'll raise your spirits 100 percent."

Her first impulse was not to get any more involved with this man. But the excuse that had begun forming on her lips dissolved as quickly as it had started. The grasp of his hands transmitted magic waves. She wasn't sure she liked the way he could sway her decision with a touch.

"I doubt it," she replied reluctantly. "But I'm willing to try anything that might perk up my morale."

Earlier, Sugar had walked the few blocks to the Music Row studio from the three-story converted house where she had a small apartment. But now exhaustion overruled her need to be alone with her thoughts, and she gave in to Darcy's offer of a ride home.

After the Army fatigues, she wasn't totally surprised to find he drove a beat-up, faded blue Dodge that was at least 12 years old. Still, she thought, there's something about him that doesn't add up. He seemed too alive and confident to be just an-

other marginal talent living on the Nashville fringes.

The next evening, Sugar's heart was pounding long before she heard the beat of footsteps on the creaky old stairs and a resounding knock on the door. When she opened it, she hardly recognized Darcy. He was dressed in a trim, short-sleeved safari jacket with matching putty-colored trousers and a navy-blue shirt. His jet-black hair was meticulously combed, topped by a wide-brimmed plantation hat with a madras band.

As he entered her apartment, he swept off the hat with a flourish and clicked his heels smartly, displaying boots of an exotic leather.

"Don't tell me," she laughed, having already decided she was going to enjoy the evening. "You've been with a brigade of Australians."

"Wrong. I'm dressed for a journey of exploration with a lady of wit, beauty, charm and talent — both for singing and for trouble."

"Oh, dear," Sugar sighed dramatically. "I thought you were going out with me."

As he stepped into the light, he locked her gaze with his deep, dark eyes. Caught by their intensity, she felt her pulse quicken and her cheeks flush.

"Cinnamon." The single word sang from his lips.

"What did you say?"

"Cinnamon. That's what I said. Sugar is an appealing name, but I'm going to call you Cinnamon. It's the color of your hair. It's the way your body's tanned. And it's your temperament: cinnamon sweet, but spicy."



Write to Do-It Men, P.O. Box 1257 Salt Lake City, Utah 84110

Car maintenance

If you want your car to live a long and healthy life, what's the most important thing you can do?

Frequently change the oil, says a recent issue of Consumer Reports. The magazine compiled information from a host of drivers who had owned their autos for a long time. Those drivers often mentioned how important they felt it was to change the oil.

About half of them said they drove no more than 3,700 miles between oil changes. Seventeen percent said they changed their oil even more often than that; every 2,000 miles or less. And most of the surveyed owners changed the filter with the oil.

The magazine concluded that frequent oil changes were associated with a lower incidence of engine failure.

Another key to keeping a car going for a long time is to do regular, routine maintenance. That includes checking fluid levels, and inspecting belts and hoses at least as often as is recommended by the owner's manual.

A majority of the people surveyed were particularly conscientious about keeping their cars lubricated and inspecting the radiator hose.

Another significant factor is a garage. Keeping your car in a garage, according to the magazine, is a big plus for a long life. For example, low temperatures are hard on every mechanical part of a car. The starter motor and charging system must work harder to start a car if it's out in the cold.

Also, the oil in the engine and the transmission fluid get thick in cold weather, making them less efficient

at protecting your engine and transmission.

The survey found that engine problems occurred more often in non-garaged cars than in cars that were kept in a garage.

Other important factors in keeping your car healthy included:

Inspect the chassis.

Rotate tires.

Align wheels.

Balance tires.

Change antifreeze.

Wallet was too small

I ordered a wallet from Ambassador in Phoenix, Ariz. I paid \$5.38 for it. The wallet came, but it was so small I couldn't use it. I returned it but have not yet received a refund. Perhaps you can help me. — L.D., Orem.

The company is sending you a refund. You should have it in two to three weeks.

Wild Flowers

Wild flowers are yet another gardening option. If you would like to plant them in your own backyard, contact a company called Meadow in a Can. One can gives you enough seeds to cover 1,000 square feet.

The seventeen different kinds of wildflowers include annuals and perennials, such as Shasta daisies, bachelor buttons, poppies, clover and lupine. Seeds like this do best in sunny locations. They need to be planted when the soil is warm enough to be turned over.

To order Meadow in a Can, send \$19.95 to Norm Thompson, P.O. Box 3999, Portland, Ore., 97208.

It's time to test the nation's fitness

■ Dr. Fisher is director of the Human Performance Research Center at Brigham Young University.

UPDATE: The President's Council on Physical Fitness and Sport has declared May as "National Physical Fitness and Sports Month." May 6 through 12 has been more specifically designated as "National Fitness



GARTH
FISHER

STAY FIT FOR LIFE

In addition to receiving feedback on their own levels of fitness, participants will receive a fitness card bearing a gold, silver or bronze National Fitness medallion. Enclosed with a card will be test scores, related norms and a congratulatory letter.

In Utah, the test is being coordinated by Mr. John Rowman (Inter-

Sports Mall and Sports Mall Metro (downtown), and by Body by Nautilus in Kearns.

The Racqueteer will also offer blood pressure and skinfold measurements for body fat for a small additional charge.

If you are interested in taking the test, you should probably call the site